



Date Rape Drugs



What are they?

Date rape drugs are categorized as prescription, often illegal drugs, that produce various effects on the body, most often sedative or depressing, and are often used in rape situations.

- They are usually odorless, colorless, and tasteless and most often they are crushed and added to any drink, including water, without detection.
- The effects vary depending on the drug, but can include amnesia, memory impairment, drowsiness, dizziness, confusion, nausea, hallucinations, a sense of euphoria, delayed reaction time, and possibly coma.
- Some common date rape drugs include Gamma Hydroxy Butyrate (GHB), Rohypnol, MDMA (Ecstasy), and Ketamine

For more info:

- **Campus Police:** (706) 542-0090
- **National Institute on Drug Abuse:**
<http://www.drugabuse.gov/drugpages/clubdrugs.html>.
- **Rape, Abuse, & Incest National Network:** www.rainn.org/
- **National Center for Victims of Crime:** www.nvc.org/

How to protect yourself

- Don't accept drinks that you did not open yourself.
- Don't exchange or share drinks with anyone.
- Don't drink from a container that is being passed around.
- Never consume a drink which you have not mixed yourself or have watched someone else mix.
- Use the "buddy" system if you are in any place where alcohol is being served. Stay with a good friend and watch out for each other.
- Do not leave your drink unattended. If you need to leave your drink for any reason, have a trusted person watch it for you.
- If a drink tastes, looks or smells in any way unusual, stop drinking and report it to the host responsible person. If you suspect a friend may have been drugged, contact the police.
- If you feel disoriented or in any way "strange" after having consumed only a small or moderate amount of alcohol, seek the aid of a trusted person and get immediate medical assistance. Vice versa, if a friend's behavior is abnormal in relation to the amount of alcohol consumed, make sure he or she stops drinking immediately and seeks medical assistance.