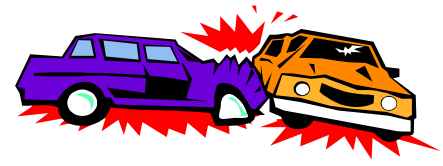




Drinking and Driving



How big is the problem?

According to the Center for Disease Control and Prevention:

- An alcohol-related motor vehicle crash kills someone every 30 minutes.
- In 2000, approximately 1.5 million drivers were arrested for driving under the influence of alcohol or narcotics. That's slightly more than 1% of the 120 million self-reported episodes of alcohol-impaired driving among U.S. adults each year.
- The highest intoxication rates in fatal crashes in 2001 were recorded for drivers 21-24 years old.
- In 2002, 27 percent of young male drivers involved in fatal crashes had been drinking at the time of the crash, compared with 11 percent of young female drivers involved in fatal crashes.
- 1,400 college students between the ages of 18 and 24 die each year from alcohol-related unintentional injuries, including motor vehicle crashes

For more info:

- **National Commission Against Drunk Driving:** www.ncadd.com
- **National Highway Traffic Safety Administration:** www.nhtsa.dot.gov
- **What's Driving You:** www.whatsdrivingyou.org
- **Facts On Tap:** www.factsontap.org

What can you do?

If you are going out to drink:

- Stash cab fare away so you won't be tempted to spend it before the end of the night.
- In Athens, call WatchDawgs for a free, safe ride home. They operate from 10pm to 3am Thursday through Saturday nights during the regular school year. Call 369-6601
- Have everyone in your group of friends take turns being the designated driver for a night. Treat this person to free non-alcoholic beverages throughout the night!
- Never ride with a drunk driver. The driver may seem okay to drive but do not risk your life.
- Be a friend, take the keys of someone who has had too much to drink and find them a safe ride home.

If alcohol is being served at a party:

- Collect keys or encourage some of your guests to be designate drivers who won't drink any alcohol.
- Avoid drinking games.
- Pace your friends to one or two drinks per hour, and encourage them to drink non-alcoholic beverages in between.
- Don't feel pressured to serve anyone who has already had enough to drink.